



WEIGHT of the WORLD #2

Finding Peace from the Pit

Psalm 13 & Psalm 40:1-3

9/16/2018

"My soul is deeply grieved, to the point of death"

-Matthew 26:38

- The words of Jesus from Gethsemane echo from many hurting hearts
 - Sudden Circumstantial Avalanches
 - Physical or Chemical Anomalies
 - Spiritual Oppression & Attack
- Depression & suicide doesn't discriminate
 - Rich or poor, celebrity or citizen, politician, prisoner, or pastor
 - Andrew Stoecklein, Inland Hills Church, Chino, CA 8/25/2018
- Believers often get weary at the weight of the world:
 - Moses in his frustration with Israel, Elijah in his fear of Jezebel
 - Paul w/ pressure of ministry, Jeremiah in his pit, David in the Psalms

Psalm 13:1-6 ESV

How long, O Lord? Will you forget me forever? How long will you hide your face from me? ² How long must I take counsel in my soul and have sorrow in my heart all the day? How long shall my enemy be exalted over me?

- Struggling with the weight of waiting for deliverance from the Lord
 - How long, O Lord?
 - Feeling as if God has forgotten your cause & cries.
 - Feeling as if God has withdrawn from you & is unavailable.
 - Feeling overwhelmed by the echo chamber of your soul.
 - Feeling frustrated that the enemy has not been brought low.
 - The closeness of the situation has obstructed his view of God
 - Dwelling on the depth of the pit does not bring deliverance

³ Consider and answer me, O Lord my God; light up my eyes, lest I sleep the sleep of death, ⁴ lest my enemy say, "I have prevailed over him," lest my foes rejoice because I am shaken.

- Recognizing the desperate need for the Lord's deliverance
 - Cries of defeatism must be replaced with the Cries of dependence
 - O Lord, My God, I need Your light for my darkened eyes
 - Lest I sleep in Death
 - Lest my enemy proclaim victory
 - Lest my foes rejoice at my fall
 - Desperation reveals his need for dependence even to depend

⁵ But I have trusted in your steadfast love; my heart shall rejoice in your salvation. ⁶ I will sing to the Lord, because he has dealt bountifully with me.

- Be Reminded of already-established trust in already-demonstrated love
 - The Reminder comes from the Lord
 - I have already trusted in your steadfast love
 - I will rejoice in your salvation (not realized but recognized as sure)
 - I will sing to the Lord b/c He has already dealt bountifully with me
 - Remember the Lord's established character for the courage to wait

I waited patiently for the Lord; He inclined to me and heard my cry. ² He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. ³ He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord.

Psalm 40:1-3 ESV

Wait...The Lord will Respond

- Patiently trust He will hear & incline Himself to you

Wait...The Lord will Rescue

- Patiently trust He will pull you out of the pit of destruction & the mire

Wait...The Lord will Re-establish

- Patiently trust He will give you a firm place to stand

Wait...The Lord will Refresh

- Patiently trust He will inspire fresh praise for His deliverance

Wait...The Lord will Redeem

- Patiently trust He will use the ordeal for His glory among those who see